



# MENTORSHIP

Program aimed at coaches and referees



Co-funded by  
the European Union



Federació Catalana  
de **Basquetbol**



# What does the mentoring program consist of?

Coaches and referees will be mentored for a period of 6 months to further develop their skills in practice.

Each country:

- 2 mentors will guide 20 coaches
- 1 mentor will guide 10 referees



## **MAIN OBJECTIVES (activity)**

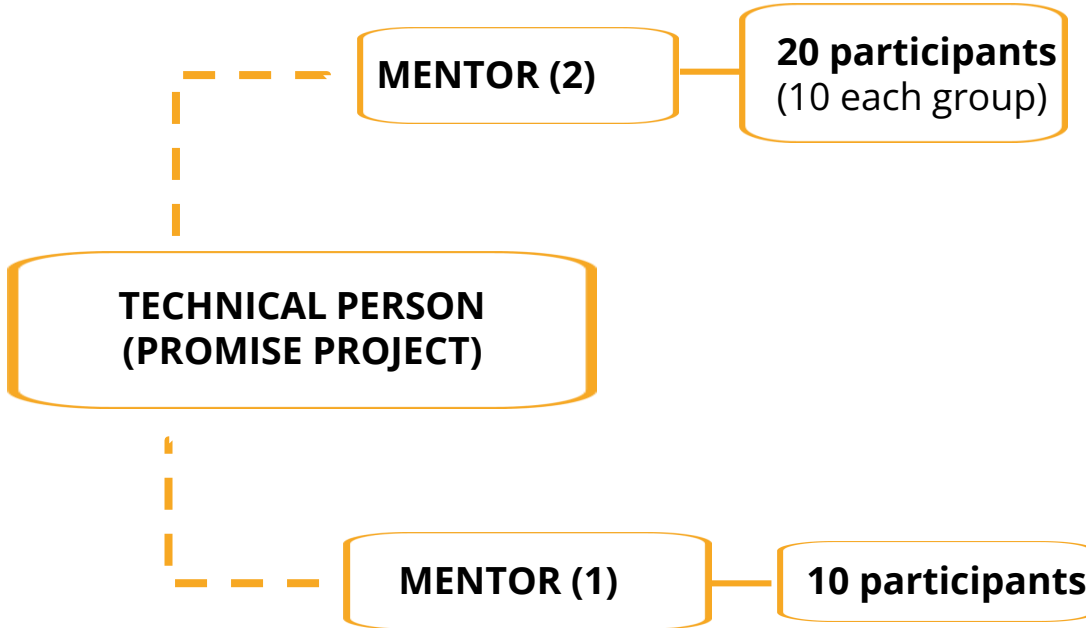
- Offer experiential training to coaches and referees for their professional improvement
- Give visibility to the figure of women (coaches and referees)
- Improve the quality and the number of female coaches and referees

## **SPECIFICS OBJECTIVES**

- Train and improve the quality of female referees and coaches both on and off the court improving the skills and capacity of female coaches and referees
- Provide other opportunities in their professional career



# Structure



## Profiles

**COACHES' GROUP**

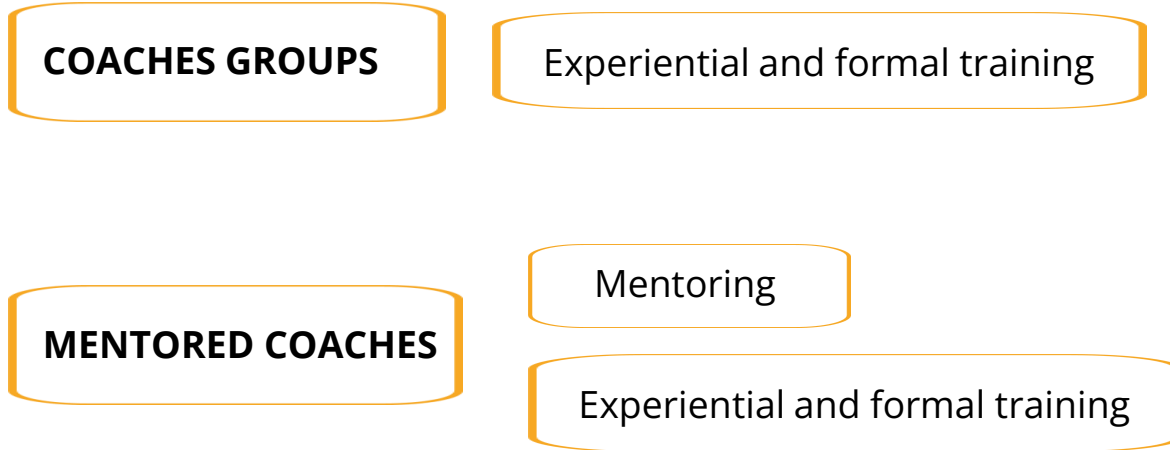
**MENTORED COACHES**

## Profiles

**REFEREES' GROUP**

**MENTORED REFEREES**

# Structure (Coaches' Mentorship)



# Structure (Referees' Mentorship)

**REFEREES' GROUPS**

Experiential and formal training

**MENTORED REFEREES**

Mentoring

Experiential and formal training

# Content

## Experiential and formal training

- ❖ 2 online sessions tc/ta (from a profesional)
- ❖ 2 online training sessions (from MOOC)
- ❖ Monthly Meeting
  - 1st: Presentation session
  - 2nd: After session 1 MOOC
  - 3rd: After session 2 MOOC
  - 4th: Exchange opinions, needs, feedback, closure.

## Mentoring

- ❖ Monitoring matches
- ❖ Direct and continuous contact with the mentor (advices, proposals, comments...)

# Content – OPTIONAL\*

## Directed to everyone

- ❖ Workly day (Forum Format: clinics, workshops, group of discuss/debate... etc)

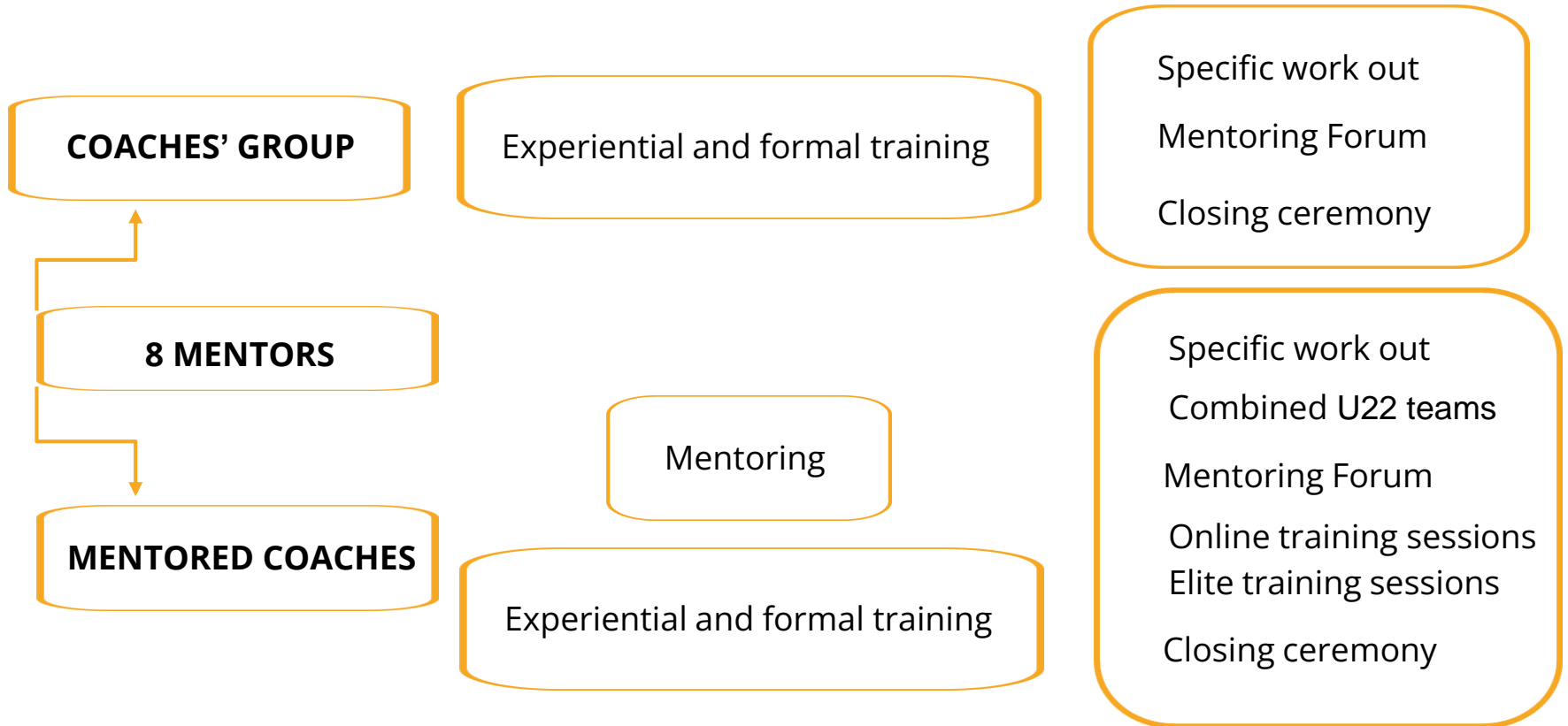
## Directed to mentored groups

- ❖ Elite team training sessions (coaches)
- ❖ Elite matches (coaches and referees)

\*Each federation will decide



# Structure and content (FCBQ - 3rd Edition)



# PROCESS

1. Introduce the new program (pilot test):

- Club's Database
- Database of active coaches

23.10.23 – 6.11.23

2. Selection of the three mentors

23.10.23 – 3.11.23

3. Recruitment of coaches and referees

- Program access request form
- Selection of coaches and referees
- Welcome letter

3.11.23 – 1.12.23

4. Presentation and welcome meeting

11.12.23 – 22.12.23

5. Start MENTORSHIP

8.01.24